

# Torii Teller

Volume 46 Number 6

Marine Corps Air Station Iwakuni, Japan

February 9, 2001

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## Take your post

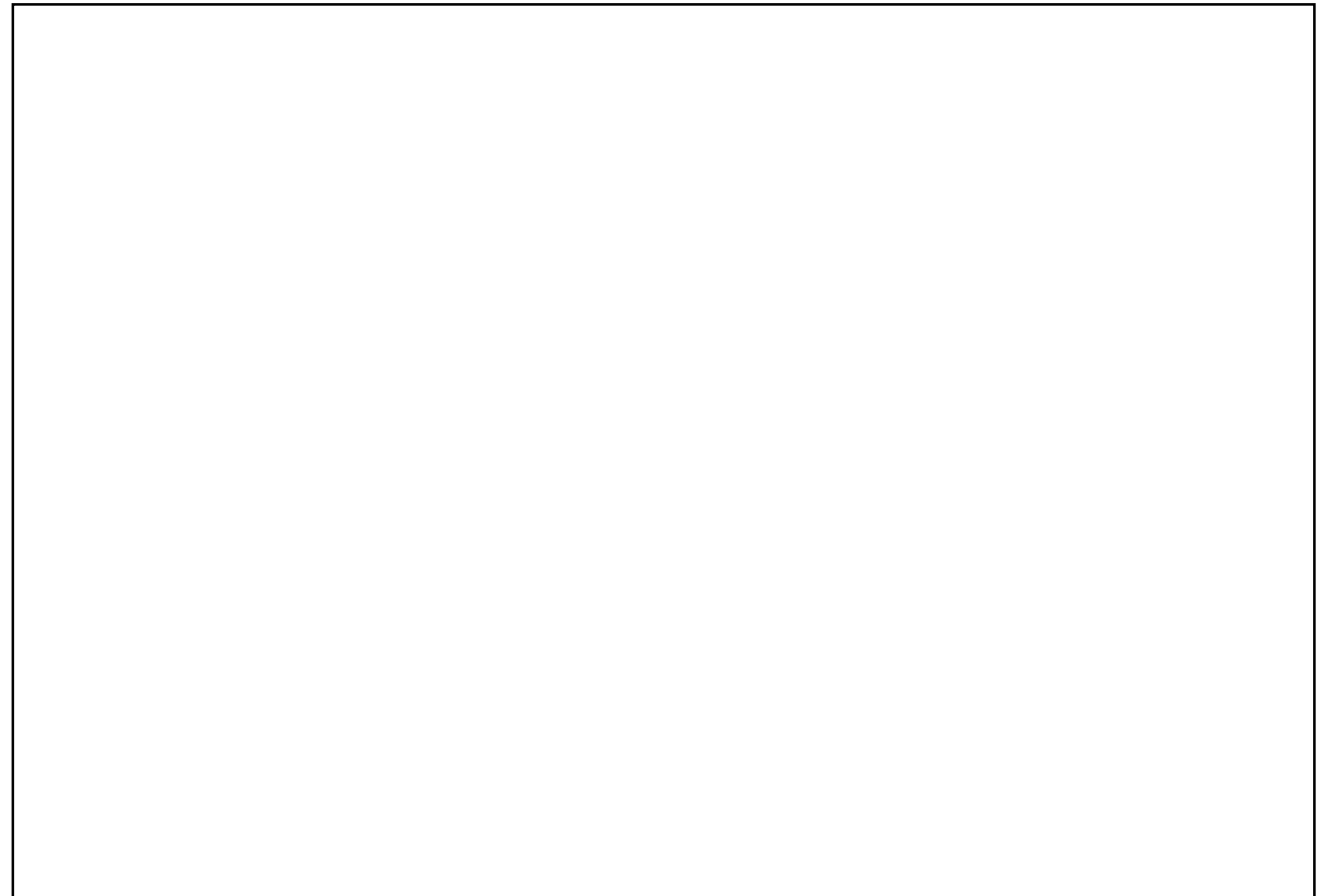


photo by Sgt. Bryan Reed

**Sergeant Maj. Robert O'Donnell (right) replaced Sgt. Maj. Tunu Tupuola, as the Marine Aircraft Group 12 Sergeant Major, during a Post and Relief ceremony at the MAC Dome on Feb. 2.**

## Air station picks up recycling efforts

by Cpl. Joe Lindsay  
Torii Teller Staff

There are many "dos and do nots" in the military: do accomplish the mission; don't disobey lawful orders; do recycle your trash. Recycle your trash?

The air station is stepping up efforts to ensure recyclable items are recycled, and non-recyclables are sent to their proper place.

"The costs involved with solid waste disposal are considerable," said Navy Lt. William Prout, assistant Facilities officer. "We as a community need to concentrate our efforts on source segregation, recycling and proper waste disposal in order to dramatically reduce disposal costs and better protect the health and safety of all personnel liv-

ing or working aboard the air station."

The air station trash bill now stands in the \$800,000 range, and a contractor is paid based on trash pick up frequency and the amount of segregation work that contractor has to do.

"We could eventually cut our costs by 40 percent if everyone does their part," said Prout. "Recycling is the right thing to do, and Americans will need to get used to it as solid waste problems become a bigger issue in the United States too."

Recyclable items include aluminum and steel cans, cardboard, newspapers, magazines and white paper.

Recyclables can be delivered to the Recycling Center, Building 1322 between 9 a.m.

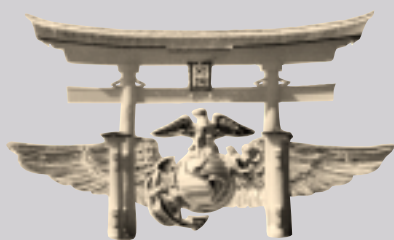


photos by Jeff Piatt

**Improper trash disposal is costing the air station hundreds of thousands of dollars a year**

see **RECYCLE** Page 4

# Torii Teller



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Combat Correspondent  
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All queries concerning news and editorial content should be directed to the Public Affairs Office, Building 360, Room 7, Marine Corps Air Station Iwakuni, Japan.

Is there an event you want covered for the *Torii Teller*? Do you have an opinion to be heard? Does your unit have anything newsworthy to report? If so, we want to hear from you, call 253-5344 or e-mail [olmsteadj@iwakuni.usmc.mil](mailto:olmsteadj@iwakuni.usmc.mil).

PSC 561 Box 1868  
FPO AP 96310-0029  
Phone 253-5551 or 253-5554 (fax)

# Cobra Marines going above and beyond

by Sgt. Maj. Stephen H. Mellinger  
Marine Forces Pacific Sergeant Major

**CAMP H.M. SMITH, Hawaii** — I recently completed a tour of our West Coast commands and I have to tell you that I couldn't be more proud of being a Marine. There were two events in particular that simply begs to be shared with all of you. To me they speak volumes to what type of Marines we have in our Corps today.

The first event involved Marines of HMT-301, MAG-39 and a six-year-old boy named Will Grassell. It happened that the day I visited this squadron I was told of this special Pinedale, Wyoming guest. Young Will was there for a ride in a Cobra helicopter. That certainly got my attention!

I had to ask the obvious, "Why is a six year old being allowed to catch a ride in a tactical Marine Corps helicopter?" It was explained to me that this unusual flight was a result of the *Make A Wish Foundation*. Will has a terminal brain tumor.

The *Make A Wish Foundation* works magic for terminally ill children by making their wishes and dreams a reality. It seems one of young Will's dreams involved Marine aviation.

I observed from the back of HMT-301's ready

room the start of Will's dream come true experience. It's hard to describe the emotions felt in that ready room as the Marines began interacting with Will. To make him part of the "team," the Marines first had to present him with an official HMT-301 squadron patch to be displayed on his custom-made flight suit. I recall Will's eyes lighting up with enthusiasm, along with an ear-to-ear grin, as he received his flight briefing from Maj. Andrew S. Cauthen, Cobra pilot assigned to fly this mission.

I watched Will's mother and father who could not have been more excited and happy for their son. I also watched the Marine Cobra pilot, who's primary purpose as an aviator is to wreak total havoc on the enemy, exert every possible ounce of his energy to make this a most memorable experience for this young boy.

My heart goes out to Will and his family and my hat is off to the Marines of HMT-301 for the joy and happiness they brought to him by granting his wish. Bravo Zulu Marines on a job well done.

The second occurrence involved a Marine private first class and another Marine Cobra pilot. Echo company, 2/5 was doing what grunts love to do, stomp around in the middle of nowhere (a designated training area), in the middle of the night. That same evening Capt. James H. Adams III,

see *COBRA* Page 4

## Corps News

## Camp Lejeune health survey still seeking participants

USMC Division of Public Affairs  
News Release

**HEADQUARTERS, U.S. MARINE CORPS, WASHINGTON, DC** — Marine Corps officials are still seeking former Marine families who conceived children while living aboard Marine Corps Base housing at Camp Lejeune from 1968 through 1985.

The Agency for Toxic Substances and Disease Registry, a public health service agency, is conducting a health survey concerning these children.

A Department of Defense press release dated Nov. 1 2000, announced the MCB Camp Lejeune Health Survey and expressed the need for eligible individuals to participate in the survey.

Since that release, several media events have taken place. While we have received many calls, we still have not achieved sufficient participation in the survey.

To be successful, we hope to reach at least 80 percent of the estimated 16,500 eligible individuals. To date, we still need to reach approximately 4,000 people. All readers should share the following information with anyone who might be eligible for the survey and encourage them to take part in it.

The Marine Corps is fully supporting and assisting the ATSDR in reaching these former residents of Camp Lejeune who were pregnant while living in base housing between 1968 and 1985.

The health survey focuses on compounds which are often used in dry cleaning or as degreasers and that existed in low amounts within the MCB Camp Lejeune water distribution system between 1968 and 1985.

All wells that were found to contain these substances were closed in 1985. This survey attempts to enhance our understanding by gathering data for use in a scientific research study about the effects that these substances may have on children when exposed before birth.

If you or someone you know were pregnant and lived aboard MCB Camp Lejeune between 1968 and 1985, you are encouraged to participate in this survey whether or not your child has exhibited any adverse health symptoms.

To participate, call the National Opinion Research Center (NORC) at 1-800-639-4270. Currently many individuals are calling, so we ask for your patience as it may take up to a week to get a return call. Also, NORC can be reached via e-mail at: [4827-lejeune@norcmail.uchicago.edu](mailto:4827-lejeune@norcmail.uchicago.edu).

For more general information about the survey, call the ATSDR at 1-888-422-8737, extension 5132.

The Marine Corps has established a toll-free number at 1-877-261-9782. Information can also be found on the following internet web pages:

[[www.lejeune.usmc.mil/water/watersurvey.htm](http://www.lejeune.usmc.mil/water/watersurvey.htm)]

[[www.usmc.mil/camlejewatersurvey](http://www.usmc.mil/camlejewatersurvey)]

[[www.atsdr.cdc.gov](http://www.atsdr.cdc.gov)]



# Flu shots boost mission readiness

by Cpl. Joe Lindsay  
Torii Teller Staff

Though many may think it is over, the flu season is now at its high point in Japan.

The Branch Medical Clinic recently set up flu vaccination points at various locations on the air station to help combat the problem.

"Last year we had mass immunizations at the Sakura Theater," said Navy Lt. Enrique Torres, Environmental Health Officer. "This year we gave the shots at a few different locations, so it would be more convenient for the troops and less of a burden on commands."

Many service members said they liked the change.

"I really appreciated them com-

ing by our unit," said Sgt. Marvin Hutchins, chief cook, North Side Mess Hall. "It made it easier for everyone at the mess hall to get a shot. We didn't have to go looking for them."

Service members who missed the flu shot can still get one at Branch Medical Clinic.

"It's not too late to get a flu shot this season," said Torres. "Last year the flu season peaked in February. A lot of people don't realize the flu season lasts until May in Japan. That's why it's so important people get the shot."

Many people have misconceptions about the flu vaccine.

"There's a lot of people who don't want the shot because they think it will give them the flu, but that is simply not true," said Torres. "The shot

will not give you the flu because it's a dead virus."

The flu spreads primarily from person to person. Symptoms usually appear within two to four days.

The flu can cause fever, dry cough, chills, sore throat, headache, muscle ache, stuffy nose and often extreme fatigue.

"Most people will be ill with the flu for one or two weeks," said Torres. "One person can get it and pass it to another who passes it to another and all of a sudden you've got a manpower shortage in your shop. If you've got 20 people, and six or seven are down for a couple weeks with the flu, then that's very detrimental to the mission."

In order to combat this problem, service members should get vaccinations once a year.

"Flu viruses change continually and the immune response declines over time," said Petty Officer 3rd class Ryan Brod, Branch Medical Clinic Corpsman. "That's why it's so important to get a new shot every year."

According to Torres, the flu shot is up to 90 percent effective.

"There is no 100 percent protection, but the vaccination is still the best way to prevent the flu," said Torres.

Does the shot hurt?

"It was quick and painless," said Hutchins.

Flu vaccinations are given at the Branch Medical Clinic Monday through Friday.

For more information on getting a flu shot, call the Branch Medical Clinic at 253-3419.

## New look for barracks interior

by Cpl. Kurt Fredrickson  
Torii Teller Staff

Marines living in the Headquarters and Headquarters Squadron barracks will be seeing some improvements to their living environment over the next two months in the form of a new interior paint job.

The painting process will displace residents for a few days, but despite the small hassle, the several changes they will come back to should make it worth the effort.

According to Gunnery Sgt. Christopher Borghese, H&HS squadron gunnery sergeant, painting will be done to the entire interior of the barracks to include private

rooms, passageways, lounges and laundry rooms.

"It's basically going to be the same cream color as the exterior of the barracks," Borghese said. "The woodwork, framing and hatches are going to be a dark brown. The common area hatches, to include the duty hut, laundry room, lounge and deep sink room are going to be red."

It will take three days to prep, prime and paint a 10-room block. During that time individuals living in those rooms will be required to move.

"It's a slight inconvenience, but it's for the better and it gives me a change of scenery for the next three days," said Lance Cpl. Bennie Copeland, Information Systems Maintenance Office small systems technician.

Before the inhabitants leave they are required to take down their curtains, remove everything from the walls, and move all furnishings as close to the center of the room as possible.

"The Marines and Sailors are required to stay in the Joint Reception Barracks for three to four

days depending on how the weekend falls," Borghese said. "They will need to take everything they need to function for 72 hours before they get to move back into their newly painted room."

Contractors will work six days a week from 7:30 a.m. to 8 p.m. finishing each deck in roughly 9 days. During painting hours rooms will be unsecured, so security was increased.

"Instead of two duties in the barracks there are three," Borghese said. "One will be posted on the deck being painted during painting hours."

**"Anytime you do something new to something to make it seem new, people seem happier."**

*Pfc. Gary Wilburn*

The duty will be provided from sections living in on the deck being painted, and will stand for only four hours so not to interfere with their normal daily obligations. With the exception of contractors the 10 room block is off limits to all personnel.

"Anytime you do something new to something to make it seem new, people seem happier," said Pfc. Gary Wilburn, station ordnance magazine crew team member. "Overall I think it's for the best."

Aside from the painting of the barracks, there will also be some additions made by the residents themselves.

"At the conclusion of the paint contract there are going to be murals painted on the first decks depicting the occupants jobs as they pertain to H&HS," Borghese said. "They are being created to add a little atmosphere and a bit of pride in their quarters. Hopefully it will make it more of a home away from home."

## News Briefs

### Evening News

American Forces Network will air its evening news broadcast "Inside Iwakuni," at 6:15 and 10:15 p.m., Monday through Friday on Channels 11 and 66. This is a change from their previous air time of 6:20 and 10:20 p.m. For more information call Gunnery Sgt. Arledge at 253-5661.

### Lost and Found

The Provost Marshal's Office has many lost and found items, such as wallets, credit cards, keys, cameras and other miscellaneous items that need to be returned to their rightful owners. Call PMO at 253-3471.

### Town Hall Meeting

Air station residents are encouraged to attend the Town Hall Meeting scheduled for Feb. 20, from 6:30 to 9 p.m. at the Marine Memorial Center. Air station staff and subject-matter experts will discuss issues and answer questions.

### Poster Contest

The Public Affairs Office is accepting Friendship Day Poster submissions for the 2001 poster contest. First place will be awarded \$200. Second place will receive \$100. The Friendship Day Committee has asked artists to include an aircraft theme in this year's submission. For more information call PAO at 253-5551.

# Aviators reach safety milestones

by Cpl. Kurt Fredrickson  
Torii Teller Staff

Aviation Safety Awards were presented to eight Marines Jan. 31 for reaching an incident free flight hour milestone in their careers.

The awards are a significant accomplishment for aviators who have performed their duties in a mishap free environment.

Awards are presented each time an individual reaches 1,000 incident free flight hours. Awards were presented for reaching 1,000 hours, one for 2,000 hours, one for 3,000 hours, and two for 5,000 hours.

From left to right: Gunnery Sgt. Keith Johnson,



photo by Cpl. Kurt Fredrickson

airfield operations facilities officer, 1,000 hours; Staff Sgt. Anthony Pontarelli, Search and Rescue quality assurance representative, 1,000 hours; Staff Sgt. William Sales, SAR maintenance controller, 1,000 hours; Col. Richard Dunn, station commanding officer and award presenter; Lt. Col. William Grace, Headquarters and Headquarters

Squadron commanding officer, 5,000 hours; Maj. Rich Shizuru, station inspector, 3,000 hours; and Lt. Col. Raymond Collins, station executive officer, 5,000 hours.

Not pictured: Capt. John Dawson, SAR flight support officer, 1,000 hours; and Capt. Chad Blair, SAR aviation maintenance officer, 2,000 hours.

## RECYCLE from Page 1

and 4 p.m. Monday through Friday.

Glass should be segregated in plastic bags and placed in the containers marked for glass or in the non-combustible side of normal enclosures located throughout the air station.

In addition to the proper segregation of recyclables, residents should be aware of where their refuse items go, such as wood waste, hazardous materials, large items including furniture, washing machines, dryers, televisions, beds and mattresses, and scrap metal.

"These items all have specific places to be disposed of," said Jeff Piatt, Solid Waste and Recycling manager. "When individuals don't put their trash in the proper place, it costs the air station money to put them where they should have gone in the first place."

Housing residents should place large items beside the trash enclosures on Wednesdays only. Industrial generators and units should deliver these types of items to the station landfill Monday or Friday from 8:30 to 11:30 a.m.

Refrigerators, air conditioners and tires should not be delivered to the station landfill. Instead, housing residents must make arrangements for their disposal with the Recycling Center. Refrigerators and air conditioners must have the freon removed before disposal.

Hazardous materials such as batteries, household chemicals, propane bottles, paints and oils should not be placed in the normal waste stream. Batteries and oil should be disposed of at the Auto Hobby shop or gas station.

Household chemicals and paint disposal should be coordinated with the Hazmin Center in Building 1645.

Propane bottles should be delivered to the Recycling Center or to the place of purchase for disposal.

Wood waste, shipping crates, pallets and construction debris should not be thrown near the trash enclosures. Wood waste should be delivered to the landfill on Mondays only from 9:00 a.m. to 3:00 p.m.

Construction debris is the responsibility of the contractor and should be disposed off station.

All scrap metal must be turned into DRMO.

According to Piatt, individuals who don't follow proper disposal procedures essentially hurt everyone, since the money spent on correcting improper trash disposal otherwise could be diverted toward quality of life improvements.

"In order for any team to be successful everyone must be on the same page in the playbook," said Piatt. "I am sure that once residents

become aware of the importance recycling and proper trash disposal have to the quality of life aboard the air station, that each of us will do our part to help make the system work better."

According to Piatt, recycling is like a circle of life.

"Take a tree for example," said Piatt. "If we take that tree that was used as a shipping container, grind it up into wood chips, those wood chips are then processed and made into particle board. That tree is going to be re-utilized two or three different times and then when we're all done with it we can make paper and cardboard out of it. It's just a big circle."

For more information on proper trash disposal and recycling, call the Recycling Center at 253-3039 or 253-3032.

## COBRA from Page 2

MAWTS-1 instructor pilot, was performing a night systems instructor's certification flight aboard Camp Pendleton with an HMLA-367 co-pilot.

As the aviators were "heading back to the barn" following their tiring flight mission, Adams noticed a flicker of light coming from the wood's edge. Something in his gut told him to investigate. Though his "required" mission was complete, he decided to make a couple of passes over that area. Suddenly, several light beams began flashing as if trying to signal the helicopter. Again something in Adams' gut told him to investigate further. He turned on the helicopter's searchlight and spotted a small group of Marines and corpsmen surrounding a downed Marine. Convinced something was

wrong, he landed his Cobra near the ground troops.

His instincts were correct. These Marines and Sailors had become separated from their company and they had a man down from a possible heat stroke. Captain Adams surmised a life and death possibility for this young Marine if not immediately treated.

The heavy terrain they were in made it impossible to radio in for medical assistance. A decision by the Cobra pilot had to be made, and made fast.

With time working against the casualty, Adams decided to use his Cobra for a medical evacuation of this Marine to the hospital.

I have to believe that Adams was also thinking about the possible "legal" ramifications of flying an unauthorized passenger in his gun ship. For him there could be serious conse-

quences (his career in the Marine Corps could be at stake).

But being a true Marine leader, his career would have to take a "back seat" (excuse the pun) to the needs of a fellow Marine. Adams' co-pilot remained behind with the other personnel while he flew the Marine casualty to a hospital. In all my time in the Corps, I've never heard of a Cobra flying a medi-vac mission. I will tell you that thanks to Adams' actions, the young Marine private first class is doing fine.

Both of these occurrences, involving Cobra community Marines, serve as reminders to us that Marines are much more than just the best fighting organization in the world. To all the Marines who played any roll in the success of the aforementioned events, OOH RAH! You've made all of us very proud of your unselfish deeds. Semper Fi.





# Students tour VMFA-212

*Marines explain how math, reading and science are essential to performing their professional jobs.*

by Cpl. Kurt Fredrickson  
Torii Teller Staff

Marine Fighter Attack Squadron 212 gave 45 M.C. Perry 7th graders a behind-the-scenes look at their squadron, and how important a good education is to doing what they do.

The tour gave students the chance to see what the unit is capable of with a good well rounded education.

"Marine Aircraft Group 12 volunteered to show our students why school is important and how it applies to the workplace," said Julia Barbee, M.C. Perry 7th grade science teacher. "They learned how a well rounded education, specifically math and science, are beneficial in jobs at the squadron."

To get the point across to students, displays from around the squadron were set up, and Marines from those shops stood by to answer any student questions.

"They asked all about the weapons," said Capt. Jon-Paul Archer, VMFA-212 pilot. "That was their favorite part. They also wanted to know if I had to do any math or reading to get here."

According to Archer, the fact he had to read and do math everyday was

more than they anticipated, and they now have a greater appreciation and understanding for what it takes to work with aircraft.

Autumn Evancho, M.C. Perry 7th grader, found ground crews could talk to the pilot simply by plugging a cord into the side of the plane.

Another display students found interesting was an inert missile used for training. They learned the function of the missile is understood by its color. According to Evancho, the missile had a blue stripe designating it as non-explosive, where as a red stripe would say it was.

With each section students visited, there was one common thing they heard. "Without a good education there is no way anyone could get the job done."

"They had everyone from mechanics clear on up to the pilots," Barbee said. "A good education is helpful in all of those positions."

But the day wasn't meant to focus on military jobs. It was to get students to realize that no matter what job they do in life they need to have a good education.

"A lot of what I'm learning in school relates to real life jobs," Evancho said. "I have never seen a jet up close and I enjoyed learning about its parts."



photos by Cpl. Kurt Fredrickson

**TOP:** Captain Jon-Paul Archer, VMFA-212 pilot, describes to students the cockpit controls and their functions. **ABOVE:** Matthew C. Perry 7th graders look at a practice homing anti radiation missile static display during an educational tour of VMFA-212.





*Tora-chan,*

Although we are apart, I think about you all the time. I hope and pray that we will be together again someday. Love, your Neko.

- Shat

*Hello Hunter Sammons,*

A dump truck full of Valentine wishes is being sent your way saying, "you are the apple of our eye"! We love and miss you very much. Hugs and kisses,

- Nana and Grampa Sullivan,  
Copenhagen, New York  
(Upstate New York where  
all the snow is...)

*Hello Garner Sammons,*

Valentine wishes to you from all of us here in the heart of snow country. Love and miss you, too.

- Ronnie and Becky Sullivan,  
Copenhagen, New York

*Gerri (Sullivan) Sammons,*

Valentine wishes to someone so dear to us but oh so far away! Also Happy Birthday wishes on February 13th, just in case the mail fails. July will be here soon, love and miss you.

- Mom and Dad  
(Ronnie and Becky)  
in Copenhagen, New York

*And now to Jeffrey Sammons,*

To the big tough Marine who doesn't want to hear all the mushy stuff, so we will just say have a nice day. We miss you, too.

- Your in-laws,  
Ronnie and Becky Sullivan,  
Copenhagen, New York

*Pcp,*

Give me a kiss, and to that kiss a score; Then to that twenty, add a hundred more: A thousand to that

hundred: so kiss on, To make that thousand up a million. Triple that million, and when that is done, Let's kiss afresh, as when we first begun.

~ Robert Herrick (1591-1634) English Poet ~

P.S. You are always new, the last of your kisses was ever the sweetest. Love,

- Cathy

*My one and only,  
Staff Sgt. Gonzalez,*

I look forward to the many adventures we will share together here in our new home. You are my one true Valentine, and I love you with all my heart and soul. Happy Valentine's Day My Love! Love Always,

- Marie

*Beth,*

Valentine's Day is a time of sharing two hearts. My heart belongs to you. Happy Valentines Day Sweetheart.

- Love Shannon

*For my Boo Buch,*

I love you because the sound of your voice stirs my soul. You are my love and my life. Happy Valentine's Day! Love,

- your Jo.

*My Honey,*

Wishing u a happy Valentine's. I miss you.

- The number (1) F

*My wife Lua,*

Wishing you a Happy Valentine and I'll miss you my Main Squeeze. Love Always,

- Shazty (u know who)

Happy Valentine to my partner Donny and his wife Fely!

Wishing Happy Valentine's to my

early shift at the Main Gym — Fely, Hall, Tony and Johanna.

- Miss you all. Janice

Wishing my Auntie Tasi and Uncle Alfred and the kids Happy Valentine. Love you guys,

- Moi F. Tupuala.

Happy Valentine to all my family in Iwakuni: Aveina, Theresa, Fely and the kids.

- The Nunu Family

*Johanna,*

Happy 18th Valentine's Day together,

- Love Douglas

*Grandma Virginia,*

I love you very much. Wish I could be there to give you flowers on Valentine's Day.

- Love, Your grandson Joseph

*Happy Valentine's Day  
to my Mom Millie,*

You are the best Mom. Can't wait to see you soon. Love,

- Your Favorite Son

P.S. Has Janelle ever done anything like this for you?

To the bestest husband in all the land, Catwmn loves Christo more than Everything.

*Justine and RJ,*

Happy Valentine's Day to my partner and princess.

- Love Dad

*Ladyhawk,*

Although the castle may lay in siege, the peasants be revolting, and the plague rampant, your love and support are my footing and foundation. Your advise and counsel goes unmatched. Your mentoring of our next generation

goes beyond  
do not say  
will last w  
Ages" unt  
stronger c  
truly ble  
Valentine

*To my L*  
I love  
Smoochie

*Richard*  
*My one*  
From t  
Deep with  
That you  
You are m  
I love nov

*Justine,*  
Happy  
Princess,  
generous  
Since the  
world you  
always wi

*R.J.,*  
Hope y  
Valentine  
always pl  
chievous  
Mom's lit

*Heather,*  
Happy  
teen. You  
young wo  
those she  
Thank yo  
part of ou  
ever won

*Bobby,*  
To the  
what unco  
you have  
see the wo  
and the be  
were the n  
that I so l  
having br  
you Bobb  
happy.

*Happy V*  
*darling*  
Love,  
XXOO

*Midori,*  
We've  
years now  
grown up



and expectation. Although I  
y it enough, my love for you  
well through the "Middle  
til the end of time, growing  
each and everyday. I am  
ssed to have you as my  
. Your Soulmate Forever,  
- Captain of the Guard

*BB's,*  
you both very much, mean it!  
, smoochie,  
- Daddy B

...  
*and only Valentine*  
the moment I saw you  
ain my heart I knew,  
and I were meant to be.  
ny one and only Destiny.  
v and forever ...  
- Helen

Valentine's Day to my Cajun  
a beautiful young lady with a  
heart and passion for life.  
moment you entered this  
I have been my princess and  
ill be.  
- Love Mom

you have a rip-roaring  
's Day kiddo. I hope you  
ay hard and have that mis-  
twinkle in your eyes. You are  
tle boy and always will be.  
- Love Mom

Valentine's Day to a special  
I are a wonderful and smart  
man who enriches the lives of  
comes in contact with.  
u for being such an important  
r family. And in case you  
der, we all love you.  
- Love Connie

man who has shown me  
onditional love is about. Since  
become a part of my life, I  
orld differently-the good in all  
eauty in each new day. You  
missing piece of the puzzle  
onged for, and I thank God for  
ought you into my life. I love  
y and hope that I make you  
- Love Connie

*Valentine's Day to our  
daughter Heather,*  
Dad, Mom, Ronnie and Katie

been together nearly 12  
y, and in that time, we've both  
and become older together.

We have worked together and shared  
both good and bad times. But when I  
think of you, only those good times  
come to mind. We are two bodies with  
one mind and heart. Thank you for all  
that you have given me. I love you.  
- John

*My Dear SFR,*

You are the ONE for me! I'm glad  
I realized that. We'll delay Valentine's  
Day for a few days until you get here,  
OK? All My Love,  
- EJP

*Dear Mariana,*

Despite the miles that separate us  
and efforts to keep us apart, we are  
closer and happier than ever. Our  
sincere wish that someday all will  
experience true love and family close-  
ness is what keeps our home showered  
with love and so many good things.  
Get ready for Aruba, I am coming  
home real soon. Happy Valentine's  
Day my love.  
- Joel

*TJ,*

Happy Valentine's Day, and I love  
you! Love,  
- Mom

*To my Knight  
in Shining Armor,*  
I love you!  
- Kath

Happy Valentine to my Samoan  
Queen. Love,  
- Sieni

*Jill,*

If 7,449 miles can't come between  
my love for you, then don't worry  
about the year I'm here and you're not.  
I love you, Jill.  
- Jay

*H&H's Key Volunteer  
Network,*

Happy Valentine's Day to the finest  
volunteers the military has! I am  
extremely proud to be working with  
each of you. Enjoy your sweethearts,  
for they are why we serve as volun-  
teers.  
- Your coordinator and friend Vicki

*Major Connipion,*

Love you all the time, even when  
it's been a LONG day! Looking  
forward to our time in the sun.  
- Mama Rock

*To All Marines!*

Happy Valentine's Day from  
MarineMomsOnline (MMO) We love  
you and are very proud of you! You  
are all very special sons and daugh-  
ters!!  
- From your Moms back home

*To my husband, Sgt. Alexander  
J. Kilmer,*

Happy second Valentine's Babe and  
many more! Just want to say I love  
you very much, and I pray all of our  
dreams and goals come true, and that  
we get to go where we want to go in  
July. You've changed my life, and I'm  
very happy to be married to you and  
looking forward to our new family  
member. Love always,  
- your wife,  
Ashlee Austria-Kilmer!

*J and A,*

As more time goes by, the more I  
find how much I love the two of you. I  
still get excited and smile every time I  
think about coming home. Junior and I  
are lucky to have such a beautiful wife/  
Mommy. You have made Junior smart  
and loving like you. I am in love with  
the Mommy and love Junior. Would you  
two be my Valentine's for another  
year?  
- P

*K,*

Happy Valentine's Day. I know you  
do alot and sometimes you feel unap-  
preciated, but it certainly doesn't go  
unnoticed. Hopefully, this Valentine's  
message shows you just how I feel.  
Love you,  
- J

I truly love your soul and being.  
I cherish our relationship and hope we  
have more to go. I love you dearly old  
man! Happy Valentine's Day!  
- baby girl

*To Capt Sammons, Gerri and  
Garner Sammons,*

Dear Dad, Mom and Garner, I love  
you!  
- Love, Hunter

*To Staff Sgt Pontarelli, Amy and  
Charlie Pontarelli,*

Mommy, Dad and Charlie. Love  
you.  
- Kay

*To 2nd Lt. Ray,*

We love you lots. Thanks for being  
such a wonderful Dad and hubby!  
Love,  
- Carolee, J.D. and Number 2

*Mr. Tshmoimlaesz,*

Hey Baby, I just wanted to wish you  
a Happy Valentine's Day, and let you  
know how much you mean to me.  
Much love. XOXOXO  
- Your Sweetheart

*To my Baby,*

I Love Our Love. Falling in love  
with you is the best thing  
thats ever happened to  
me.

With your sense of humor, your  
caring way, and your understanding,  
you've taught me how to believe in  
love.

The times we spend together  
laughing and enjoying each other's  
company, or spending quiet moments  
wrapped in each other's arms, are the  
best times I've ever  
had in my life.

Nothing in the world has ever meant  
so much to me as the love we're  
discovering now. And I know that I  
could never love anyone else the way  
that I Love You.

The distance doesn't matter, what  
matters is that you are always on my  
heart and my mind.

- From your Mamas

*Pookie,*

You are the sunshine of my life. I  
love you dearly!!  
- Silvia

*To Catwoman,*

Love you mostest.

- from Christo

*Cody and Kyle,*

Happy Valentine's Day! You two  
boys mean a world to me. I love you  
both.  
- Dad

*To Mark,*

You can be a heck of a lot of work  
and pain the butt sometimes, but I  
wouldn't trade you for the world.  
Happy Valentine's Day!  
- Dad

*To Mihoko,*

We are often so far apart, but you  
are always close to me in my thoughts.  
I'll think of you on this  
Valentine's Day.

- Fred

*Davis Wilkins,*

Happy Valentine's Day. I  
love you.  
- Mom and Dad

*CWO-4 Lewis,*

To my valentine CWO-4  
Lewis whom I can always count  
on! Affection, Intimate, Honesty,  
financial support, family com-  
mitment, Love your wife for  
LIFE!

- Ana Lewis ©

*Honey Josie,*

Happy Valentine's Day  
pulat-pukyutan my little tubig.  
For better or worse mahal kita  
until patay. Love always, loco  
Asawa.



# Japanese families celebrate Setsubun

by Cpl. Joe Lindsay  
Torii Teller Staff

The Itoh family, like many families in Japan, gathered together as they do every year on Feb. 3 to celebrate "Setsubun," which marks the last day of winter, and to drive away "oni" or evil spirits, and welcome in happiness and good fortune.

Setsubun literally means "dividing of the seasons," and though not a national holiday, it is widely celebrated and deeply rooted in Japanese tradition.

"I can remember celebrating Setsubun as a child," said Mayumi Itoh. "My mother always ensured we celebrated, as her mother did before her and so on and so on."

Indeed, Setsubun began more than 700 years ago in Japan and is still an important event in Japanese households.

In the Japanese lunar calendar, the first day of spring is considered to be the start of the New Year. Today Setsubun is held on either Feb. 3 or 4.

Since the Edo period (1603-1867), throwing beans inside one's house has been performed on Setsubun. Beans are also tossed out the door to drive away any demons lurking outside.

"Beans are believed to be effective against evil spirits," said Mayumi. "Throwing them around in one's house will protect the house and family from misfortune."

When the beans are thrown, individuals shout "Oni wa soto," which means devils go out, and "Fuku wa uchi," or happiness come in.



photo by Cpl. Joe Lindsay

*Hideyuki Itoh performs the rite of throwing beans in his house to ward off evil spirits and welcome happiness, as he and his two sons Shuma and Shuichiro (masked) celebrate the ancient Japanese tradition of Setsubun.*

Afterwards everybody is supposed to pick up and eat the same number of beans that corresponds to their age plus one extra.

"This ensures good health and luck for the coming year," said Kazu Itoh.

In Japan, there is a belief in "Yakudoshi," or unlucky year, when misfortunes are supposed to happen through the workings of cosmic forces. For men, the Yakudoshi is 25 and 42 years, and for women, 19 and 33 years.

According to Hideyuki Itoh, you can get rid of Yakudoshi's bad luck if you eat the beans.

"No matter how old you are,

you should eat the beans," said Hideyuki. "Why take a chance?"

In addition to throwing and eating the beans for good luck, it is now common for the father to wear an evil spirit mask, and for his children to throw beans at him.

During the Itoh family's ritual, loud shouting and laughter drowned out the sound of beans hitting Hideyuki's forehead.

"They're not really throwing the beans at me because they know I am pretending to be a devil. Still, I think they enjoyed it maybe a little too much," said Hideyuki with a chuckle.

Children also often wear masks on Setsubun.

"I like to wear the mask. My brother and I helped to make them," said Shuichiro Itoh.

Another Setsubun custom is to eat grilled sardines and mount the leftover heads on holly twigs, then set them on the front porch.

"This is supposed to frighten any demons away who try to come in the house," said Miho Itoh.

Garlic or another type of strong-smelling material is sometimes used instead of sardine heads to fend off evil spirits.

"Japanese people are very proud of their customs and traditions," said Mayumi. "As long as I am alive I will celebrate Setsubun."

## Out the gate

**Note:** Japanese who do not speak English may answer the phone numbers provided.

### Miyajima Oyster Festival

The 17th Annual Miyajima Oyster Festival will be held on Saturday and Sunday at 10 a.m., in front of the Miyajima pier. In previous festivals, oysters were free, but this year each oyster will cost between 100 or 200 yen. There will also be traditional dances and other seafood showcased during this event. For more information call 0829-44-2011.

### Atsuki Shinmei Festival

Atsuki shinmei Festival, a fire festival, will be held on Sunday from 8 a.m. to 8 p.m., at both east and west Atsuki seashores in Yanai City. Through this Shinto event, people wish for the prosperity of their children and a good harvest in the new year. Call 0820-22-2111.

### Jr. Science Fiesta 2001

Otake City Education Committee will hold the Jr. Science Fiesta 2001 on Monday from 10 a.m. to 3:30 p.m., at Otake City Citizens Hall. Children and their parents are invited to join. For more information call Otake City Hall at 08275-7-7111.

### Hina Nagasfhi Festival

The Hina Nagasfhi festival will be held along the Oze River in Otake City on March 4 at 10 a.m. As a Japanese tradition, people let Hina dolls float in the river after the doll festival on March 3. The event signifies evil spirits flowing away with the doll. The event will be held during rain or shine. For more information call 08275-7-7111 extension 336.





# Classified Ads

## Vehicles for sale

—1985 Toyota Soarer (Lexus), coupe, low mileage, JCI till Oct. 2001, \$1,200. Call J. Kinley at 253-3525 dwh or 31-8435 awh.

—1987 Toyota Supra, mostly stock, silvermist metallic, GT twin turbo, 2,000cc, 240+HP, fog lights, additional options, JCI till July 2002, \$2,600/obo. Call Chris Combs at 253-5995 dwh or 090-9507-2977.

—1988 Toyota Sprinter, 4-door, JCI till July 2001, \$1,000/obo. Call Scott at 253-3822 dwh.

—1988 Mitsubishi Lancer, 4-door, A/C, heat, manual transmission, JCI till February 2002, \$650. Call Eve at 253-2600. Leave message.

—1989 Mazda Roadstar, 2-door, convertible, hard/soft tops, plus extras, JCI till September 2002, \$3,850. Call Bill Writt at 253-5394 dwh or 253-2420 awh.

—1990 Honda Integra, A/C, auto, PS/PB/PW, AM/FM cassette, JCI till September 2002, \$2,200. Call Therese Fitzgerald at 253-4383 dwh or 253-6385 awh.

—1991 Honda Integra, 4-door, blue, power everything, immaculate interior, new stereo, PCSing, JCI till March 2002, paid \$3,100 and asking \$1,700. Call Staff Sgt. Flanary at 253-3656 dwh or 253-2865 awh.

—1991 Ford Fiesta SX, power canvas top, auto, A/C, PW/PS, cassette, only 50 kilometers, JCI till November 2001, \$950. Call Scott at 253-4823 dwh or 31-8414 awh.

—1991 Ford Festiva SX, power canvas top, auto, A/C, PW/PS, cassette, only 50 kilometers, JCI till November 2001, \$750. Call Scott at 253-4823 dwh or 31-8414 awh.

## Other items for sale

—Hitachi Visionbook Pro laptop, \$500/obo. Call Eve at 253-2600. Leave message.

—ISA V.90 internal modem 56k, brand new, package unopened, \$50. Call Linda Kestelny at 253-3278 dwh.

—Sony LD-VCD player, \$150; used tires, 145SPro. Call 253-6249 dwh or 253-2106 awh.

—Furniture for sale: Hunter Green sectional couch w/double bed, two recliners w/massagers and a telephone, built in, asking \$800. Call Richard Spires at 253-5823 dwh or 253-6056 awh.

## Free

—Shiba mix dog of approximately 2 years in age, has been fixed and is current on shots, loves to play, is not a children's dog. Call Sgt. Michael McGeorge at 253-3365 dwh or 253-2421 awh.

## Wanted

—Looking for used Nintendo 64 w/maybe a few games. Call Sgt. Michael McGeorge at 253-3365 dwh or 253-2421 awh.

—Looking for used camouflaged uniforms. Call 253-6249 dwh or 253-2106 awh.

## MCCS job openings

—Sales Associate/Cashier, Sound Shop, NF-01, regular full time.

—Receptionist, Information Technology, NF-01, flexible.

—Senior Sales Associate, Main Complex, NF-02, regular full time.

—Food Service Worker, Burger King, NA-02, regular part time.

—Procurement Clerk, Merchandising, NF-01, regular full time.

—Sewing Machine Operator, Tailor Shop, NA-06, regular part time.

—Club Operations Assistant, Club Iwakuni, NF-02, flexible.

—Contracting Officer, Contracting and Purchasing, NF-04, regular full time.

—Library Aid, Library, NF-01, regular full time.

—Sales Associate/Cashier, Main Exchange, NF-01, regular full time and flexible.

—Sales Associate/Cashier, S/S 7 Day Store, NF-01, regular part time.

—Store Worker, Main Exchange, NA-02, regular full time and flexible.

—Sales Associate/Cashier, Auto Mini Mart, NF-01, regular full time, part time and flexible.

—Car Rental/Service Station Attendant, Service Station, NF-01, regular full time.

—Program Assistant, Child Development Center, CC-1, regular full time and flexible.

—Recreation Assistant, NF-02, regular full time and flexible.

—Recreation Attendant, NF-01, regular part time and flexible.

—Public Relations Technician, Marketing, NF-02, flexible.

**(Pick up a job application in the MCCS Personnel Office, Crossroads Mall second floor, Mondays, Wednesdays, and Fridays from 7:30 a.m. to 5 p.m.; Tuesdays and Thursdays from 7:30 a.m. to 4:30 p.m. or call 253-3030.)**

—There is an opening for a home visitor in Iwakuni. Knowledge of military system/community resources, licensed LCSW or RN (RN must possess an AA or BS degree in community health, public health or maternal/child nursing), two or more years post-graduate experience in community health, public health/maternal/child nursing, home visiting or family/child counseling, are required. Call Lilia Blair at 253-6553 or stop by Building 411, Room 127.

## HRO job openings

—Child Development Education Specialist, GS-1701-9/11, open until filled.

—Meatcutter Leader, WL-7407-07, open until filled.

—Sales Store Checker, GS-2091-03, open until filled.

—Equal Employment Opportunity Counselor(s), open until filled.

—Education Technician, GS-1702-04/05, open until filled.

—Interdisciplinary Engineer and Architect, GS-08XX-07/09/12, open until filled.

—Interdisciplinary Engineer and Architect, GS-08XX-07/09/12, open until filled.

—Child Development Center Director, GS-1701-09, open until filled.

—Child Development Center Director, GS-1701-09, open until filled.

—Family Child Care Director, GS-1701-09, open until filled.

—Family Child Care Director, GS-1701-07/09, open until filled.

—Child Development Education Specialist, GS-1701-07, open until filled.

—Interdisciplinary (Psychologist/Social Worker) GS-018X-11, open until filled.

—Cable Splicer Supervisor (Communication), WS-2504-07, open until filled.

—Air Traffic Control Specialist (Terminal), open until filled.

**(For additional information and appropriate forms call CHRO, Building 360, Room 32 at 253-6828.)**

## To submit your ads or announcement ...

Torii Teller accepts ads/announcement for nonprofit organizations and groups only. Briefs run on space-available and time-priority basis. Deadline for briefs is noon Thursday. Torii Teller reserves the right to edit to fit space. To submit, stop by Building 360, Room 7 to fill out a form.

## Weekend's Weather

**Today Saturday Sunday Monday**



## Tide Table

|         | Low tide  |       | High tide  |       |
|---------|-----------|-------|------------|-------|
|         | Time      | Size  | Time       | Size  |
| Feb. 9  | 4:03 a.m. | -1.40 | 10:30 a.m. | 11.27 |
|         | 4:33 p.m. | 1.70  | 10:30 p.m. | 10.04 |
| Feb. 10 | 4:45 a.m. | -1.33 | 11:12 a.m. | 11.12 |
|         | 5:15 p.m. | 1.37  | 11:12 p.m. | 10.08 |
| Feb. 11 | 5:27 a.m. | -0.86 | 11:48 a.m. | 10.74 |
|         | 5:51 p.m. | 1.21  | ---        | ---   |
| Feb. 12 | 6:09 a.m. | -0.01 | 12 a.m.    | 9.85  |
|         | 6:33 p.m. | 1.26  | 12:30 p.m. | 10.19 |
| Feb. 13 | 6:51 a.m. | 1.11  | 12:42 a.m. | 9.37  |
|         | 7:15 p.m. | 1.50  | 1:06 p.m.  | 9.51  |
| Feb. 14 | 7:33 a.m. | 2.41  | 1:30 a.m.  | 8.71  |
|         | 7:57 p.m. | 1.91  | 1:42 p.m.  | 8.74  |
| Feb. 15 | 8:21 a.m. | 3.73  | 2:30 a.m.  | 8.00  |
|         | 8:51 p.m. | 2.41  | 2:24 p.m.  | 7.97  |



## Movie Schedule

### Friday

10 a.m./7 p.m. Dinner At Eight (PG)  
1 p.m./9 p.m. Love And Basketball (PG-13)  
11 p.m. Dangerous Beauty (R)

### Saturday

10 a.m./7 p.m. Geisha Boy (NR)  
1 p.m./9 p.m. Frequency (PG-13)  
11 p.m. Child's Play (R)

### Sunday

10 a.m./7 p.m. Vice Versa (PG)  
1 p.m./9 p.m. Jackie Chan's Project A (PG-13)  
11 p.m. Life Less Ordinary (R)

### Monday

10 a.m./7 p.m. Singin' In The Rain (G)  
1 p.m./9 p.m. Doctor Dolittle (PG-13)  
11 p.m. Living Out Loud (R)

### Tuesday

10 a.m./7 p.m. Alice Doesn't Live Here Anymore (PG)  
1 p.m./9 p.m. Forces Of Nature (PG-13)  
11 p.m. Hi-Lo Country (R)

### Wednesday

10 a.m./7 p.m. Breaking Away (PG)  
1 p.m./9 p.m. Drowning Mona (PG-13)  
11 p.m. Great Expectations (R)

### Thursday

10 a.m./7 p.m. Legal Eagles (PG)  
1 p.m./9 p.m. Gone In 60 Seconds (PG-13)  
11 p.m. L.A. Confidential (R)

## Sakura Theater

### Friday

7 p.m. Bounce  
10 p.m. Dude, Where's My Car?

### Saturday

4 p.m. Bounce  
7 p.m. Dude, Where's My Car?  
10 p.m. Vertical Limit

### Sunday

4 p.m. Bounce  
7 p.m. Vertical Limit

### Monday

7 p.m. Dude, Where's My Car?

### Tuesday

7 p.m. Bounce

### Wednesday

7 p.m. Vertical Limit

### Thursday

Closed

## Bounce (PG-13)

Rated PG-13 for some language and sensuality. (108 minutes)

In this inspirational story of chance romance, Gwyneth Paltrow plays Abby Janello, the young widow of a plane crash victim. Abby is swept off her feet when she meets Buddy Amaral (Ben Affleck), a successful advertising executive. When Buddy reveals that he once gave up his seat on a plane that later crashed, the two realize that they have a deeper connection.

## Dude, Where's My Car? (PG-13)

Rated PG-13 for language and some sex- and drug-related humor. (83 minutes)

The morning after a wild night of partying, two pot-smoking teenage dudes (Ashton Kutcher and Seann William Scott) find that they cannot remember anything that happened the night before. They also realize that they don't know where they parked their car.

## Vertical Limit (PG-13)

Rated PG-13 for intense life/death situations and brief strong language. (122 minutes)

Tycoon Elliott Vaughn (Bill Paxton) has financed an expedition that will take him to the summit of K2 in the Himalayas, the world's second highest mountain. Annie Garrett (Robin Tunney) is one of Elliott's party. In the face of a storm, Elliott recklessly insists the climb should continue. The storm duly arrives and decimates the expedition, leaving Elliott and Annie stranded. Peter Garrett (Chris O'Donnell), Annie's brother, leads a group of climbers, including the grizzled Montgomery Wick (Scott Glenn) and a French-Canadian nurse (Izabella Scorupco), in a rescue attempt.

This schedule is submitted by the Sakura Theater and is subject to change. Comments can be directed to MCCS at 253-4003.

## Iwakuni's Theaters

### Kokusai:

Feb. 9 - end of February  
"Pay it Forward" - 11 a.m.,  
1:30 p.m., 4 p.m., 6:30 p.m.,  
(Sat. only) 9 p.m.

### New Central I:

Feb. 10 - end of February  
"Unbreakable" - time schedule is not  
available at the time of print

### New Central II:

Feb. 10-16  
"The Watcher" - time schedule is not  
available at the time of print

### New Central III:

Feb. 10-16  
"Crimson River" - time schedule is  
not available at the time of print  
"Thirteen Days" - time schedule is  
not available at the time of print

## Education



### Test Schedule

#### Every Tuesday/Friday

- College Level Examination Program
- DANTES Subject Standardized Test

**Feb. 21** - ACT Examination

**Feb. 22** - SAT Examination

**Feb. 26** - Electronic Data Processing Test

**Feb. 27** - Defense Language Proficiency Test  
- Defense Language Aptitude Battery

**Feb. 28** - Armed Forces Classification Test

There is no fee for military personnel; civilians pay \$44 for CLEP, \$27 for DANTES, \$37 for ACT and \$38.50 for SAT. Call Education Services at 253-3855 for more information or stop by the Community Services Building, Room 101.

## Community



### Alcoholics Anonymous

Alcoholics Anonymous open meetings are held on Wednesdays at 11:30 a.m. and Thursdays and Sundays at 7 p.m. Closed meetings are held on each Monday and Thursday at 11:30 a.m. and Tuesday at 7 p.m. All meetings are on the second floor of Building 497. Call 43-4814.

### Medical Clinic Health Promotions

Tobacco Cessation Courses will be held on March 21, 23, 28, and 30. Cholesterol, nutrition and hypertension counseling will also be offered on an individual basis by calling the Branch Medical Clinic at 253-3266.

### Thrift Shop

The hours of operation for the thrift Shop will be on Tuesday and Thursday from noon to 3 p.m. It will be open on the last Saturday of each month from 11 a.m. to 3 p.m. For more information call 253-2830.

### Toastmasters

Improve your communications skills in Toastmasters where they held untie the tongue-ties. The next meeting will be Feb. 16 from noon to 1 p.m. in the Education Center of Marine Memorial Center. For more information call 253-3525.

### Mothers of Preschoolers

Mothers of Preschoolers meets on the second and fourth Thursday of every month from 9:30 to 11:30 a.m. at the Chapel Annex's Yujo Hall. Call Karen Lyons at 253-2258.

### Basic Dental Assisting Training

The Dental Clinic and American Red Cross will have a four day "Basic Dental Assisting Training," course for anyone who is interested in volunteering at the Dental Clinic. The course will be offered Tuesday through Feb. 16 from 7:30 a.m. to 4 p.m. Sign up at the American Red Cross today. For more information call Debra Muth at 253-4525.

### Valentine Dance

Filipino-American Association will hold a Valentine dance on Saturday at 9 p.m. at Club Iwakuni. Ticket costs \$5 in advance and \$8 at the door. Open to all ranks and participants must be age of 18 and older. Seats are limited. Call Sherwin Penaranda at 253-2020.

### "Legacy Celebration"

For the celebration of Black History Month, the African-American Society will host a Legacy Celebration on Feb. 16, from 8 p.m. to 1 a.m. at Club Iwakuni Ballroom. Ticket is \$5. The event is open to the air station community. Call William Peden at 253-2864 or Irvin Best at 253-2802.

### Marine Corps Community Services

#### Auto Mini Mart Hours Trial

On a trial basis from Sunday until March 31, the Auto Mini Mart, which opens at 6:30 a.m., will stay open until 9 p.m. Sunday, 10 p.m. Monday-Thursday, midnight Friday and Saturday. Special T's will remain open until 9 p.m. Sunday and 10 p.m. Monday through Saturday.

### Most Kissable Lips

The Main Exchange will hold a "Most Kissable Lips" contest through Wednesday. Stop by the Customer Service desk for more information.

### Childbirth Refresher

Expectant mothers who have been through childbirth are welcome to attend this class, on Monday from 6:30 to 9:30 p.m. For more information call 253-6553.

### "Love Your Library" Essay Contest

Patrons are invited to submit an essay on why they love their library. Prizes will be awarded. For entry details call 253-3078. The deadline to submit is Feb. 28.

### Teen Open House

The Teen Center, known as Club Tunnel, invites parents, teens, and the community in general to Open House on Feb. 22, from 4 to 6 p.m. Refreshments will be served. For more information call 253-6454.

### VA Benefits Brief

An advisor from the Department of Veterans Affairs will provide information and answers on veterans' and survivors' benefits and entitlements. Active duty personnel, retirees, separated service members and family members are encouraged to attend. The sessions are held on Tuesday through Thursday from 1 to 3 p.m. in the Community Services Building, Room 217. Individual appointments are available on Tuesday through Thursday from 8 to 11 a.m. in Room 201. For more information call 253-6439.

### Valentine's Day Events

- ☑ Teens are invited to a Valentine Party at Club Tunnel on Saturday from 7 to 10:30 p.m.
- ☑ Club Iwakuni dining rooms offer a Valentine's special dinner Wednesday from 5 to 9 p.m. The sit-down meal costs \$12.95 per person and includes a flower for each woman.

Due to the special dinner, the club's Mongolian Night will change to Tuesday.

### Japanese Cooking Class

Learn how to prepare a Japanese dish and find the needed ingredients at a Japanese grocery store on Feb. 19 from 10 a.m. to 2:30 p.m. To register call 253-6165.

### Photo Hobby Events

The Photo Hobby Shop offers classes throughout the month on photography, hand tinting and darkroom techniques. Every Sunday, the shop holds free scrapbooking classes at noon. A black and white military photo contest is on going, and the deadline has been extended to May 1. Call 253-6510 evenings.

### SMP Tokyo Fun Trip

Single and unaccompanied service members may participate in a trip to Tokyo on March 22 to 27 sponsored by the Single Marine Program. Sign up through unit SMP representatives or call 253-3585 for more information.

### Typing Skills

Improve your typing skills with the Career Resources Management Center's typing tutorial software, which features on-screen, interactive lessons and a typing test to monitor progress. Use this software during CRMC operational hours. Call 253-6439 or stop by the Community Services Building, Room 201.

### Stress and Time Management

Learn to manage your stress on Tuesday and your time on Feb. 20. Both seminars will take place from 11:45 a.m. to 12:45 p.m. in Community Services Building, Room 115. For more information call 253-3737.

## Chapel Services



### Chapel News

(1) Chapel Annex (2) Marine Memorial Center

#### Roman Catholic

|                 |           |      |     |
|-----------------|-----------|------|-----|
| <b>Saturday</b> | 5:30 p.m. | Mass | (2) |
| <b>Sunday</b>   | 9 a.m.    | Mass | (2) |

#### Protestant

|                 |            |                            |     |
|-----------------|------------|----------------------------|-----|
| <b>Saturday</b> | 9:30 a.m.  | Seventh Day Adventist      | (1) |
| <b>Sunday</b>   | 10 a.m.    | Church of Christ           | (2) |
|                 | 10:30 a.m. | General Service            | (2) |
|                 | noon       | United Pentecostal Service | (2) |

#### Latter Day Saints

|               |            |         |     |
|---------------|------------|---------|-----|
| <b>Sunday</b> | 12:30 p.m. | Service | (1) |
|---------------|------------|---------|-----|

#### Jewish

|               |        |        |     |
|---------------|--------|--------|-----|
| <b>Friday</b> | 6 p.m. | Shabat | (2) |
|---------------|--------|--------|-----|

For information regarding divine services, religious education or any other Command Religious Program/Chapel activity call the station Chapel at 253-5218. For information on Jewish services call Mark Zeid at 082-231-4008 after 6 p.m. or call the station Chapel.



## Sports Briefs

### Pool Reopens

The Main Gym's indoor pool has reopened. Marine Corps Community Services Semper Fits thanks its patrons for their patience during the recent maintenance schedule.

### Swim Lessons

Lessons for infants and preschoolers will begin Monday. Sessions are weeknights at 6 for one week, and fee is \$30. Call 253-4966.

### Scorekeeper Class

Umpires are required to attend this class, Tuesday at 6 p.m. in the MCCA Training Room, Crossroads Mall. For more information call 253-5714. Status of Forces Agreement personnel age 16 and older may attend.

### Table Tennis Tourney

Status of Forces Agreement personnel age 16 and older may participate in a table tennis

tournament on Tuesday from 6 p.m. in the Main Gym. Call 253-5777.

### Health Fair

Semper Fit presents the 2001 Passport to Total Health Saturday from 11 a.m. to 3 p.m. in the Main Gym. Open to all air station personnel, the fair offers demonstrations, screenings and booths with program information. Other activities include an air hockey and football competition, a children's art contest, a 5K run, and a power and endurance bench press competition. Drawings for a trip to Kyoto or Fukuoka will be held. Call 253-5051.

### Mechanics Clinic

Status of Forces Agreement personnel 16 and older who are interested in serving as umpires should plan to attend this clinic, on Thursday, Feb. 20, and 21 from 6 p.m. It's free. Call 253-5714.

## The Scoreboard

### Basketball

#### Jan. 31

Dragons defeated Boss Ballers, 45-35

Com-Dawgs defeated Seahawks, 38-31

Sun-Downers defeated MAG-12, 65-58

#### Feb. 5

Stunnaz defeated Sun-Downers, 74-66

Boss-Ballers defeated Crash Crew, 48-45

S.E. Tuggers defeated Comm-Dawgs, 65-62

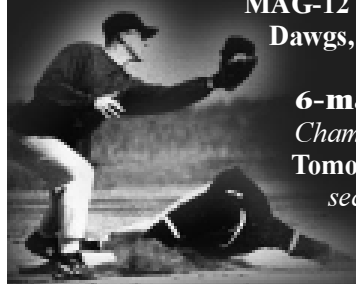
MAG-12 defeated Seahawks, 48-41 (OT)

#### Feb. 6

Dragons defeated MAG-12, 55-41

Sund-Downers defeated Seahawks, 44-39

MAG-12 defeated Comm-Dawgs, 43-42



### 6-man Soccer

Champion -

Tomodachi's

second - CDDS-36

third -

MALS-12

# Co-op helps parents get in shape

by Cpl. Joe Lindsay  
Torii Teller staff

No one ever said getting in shape was easy. But it can be especially difficult for busy parents who often don't have the time to get to the gym or have a problem getting a babysitter to watch their children while they work out. That's where Iwakuni's Co-op program comes in.

The Co-op program, located in the Main Gym, is designed for the parents of newborns to age 5, and gives one free month of babysitting during the parent's workout in exchange for the parent babysitting for two times a month for two hours.

"The Co-op is a great program because it allows the parents the freedom to work out," said Bunny Clark, Co-op coordinator. "Parents also have the added security in knowing that their kids are not far away, and that they are enjoying themselves with other children in the immediate vicinity."

According to Clark, peace of mind is one of the strengths of the program.

"The parents really enjoy being able to come check on the kids during their work out," said Clark. "And of course the kids are having fun."

The Co-op provides children's videos for the children, and also

has a variety of toys, including a play kitchen, dolls and cars.

Many Co-op parents seemed to agree that their children enjoy the program.

"My son loves it," said Saiko Coughlin, Co-op participant. "He has friends and all kinds of toys to play with."

"My kids have a lot of fun," said Angie Loghry, another Co-op participant. "They get excited when I tell them I'm going to work out because they know they get to see their friends and play."

There are also other benefits to the program.

"One of the best things is the camaraderie that goes on between the parents," said Clark. "They're really supportive of each other."

This camaraderie leads to the flexibility in scheduling and helps parents who other wise might not have been able to participate.

"If something comes up and you have a scheduling conflict or an emergency you can call just about anytime and someone will switch days with you," said Beverly Clay, who participates in the program.

The Co-op also doesn't put a strain on anyone's wallet.

"It's free," said Loghry. "It's nice not having to worry about paying for a babysitter or day care."

According to Bobby Brown, Athletic director, the Co-op is a



photo by Cpl. Joe Lindsay

**Saiko Coughlin, Co-op program participant, holds her son John and babysits twice a month so parents can be free to work out.**

vital tool in giving mothers an opportunity to work out.

"Without the Co-op a lot of mothers just wouldn't have the chance to work out," said Brown. "This gives them the chance to get in shape and feel better about themselves, which leads to less stress and higher morale."

The Co-op program isn't just for mothers though.

"At the moment we don't have any fathers, but we encourage them to get involved," said Clark. "The Co-op is open to anyone, and

we're hoping the more people become aware of the program, the more they will utilize it."

The program has an abundance of toys provided, so parents are encouraged not to bring toys, though snacks are allowed in the room.

The Co-op currently covers the hours of 9:00 a.m. to 11:00 a.m. and 1:30 p.m. to 2:30 p.m. for its babysitting program.

For more information on the Co-op program call 253-6359.



photos by Cpl. Kurt Fredrickson

**ABOVE:** Shelly Brown, gymnastics instructor, helps Molly Upton, 10, perform a back flip while practicing routines.

**BELOW:** Sandra Doyle, 10, practices formulated exercises during the advanced gymnastics class at the main gym.



# Taking a flying leap

## students flip over new class

by Cpl. Kurt Fredrickson  
Torii Teller Staff

Gymnastic students now have a new program at the Main Gym that can bring their skills to the next level.

Many programs teach children the basics of many sports, but the advanced gymnastics class offers something more for those who have a desire to go further.

"They might not be technically advanced but they are the most advanced out of each group in the program," said Shelley Brown, gymnastics instructor. "I think gymnastics gives them a sense of belonging and a sense of goals."

According to Brown, students begin in one of three age groups, 3 to 5 years old, 6 to 8 years old and 9 years old and above. Once they feel they can move on all they need do is ask.

"There is no age limit in the advanced course," Brown said. "They start off in the beginner class then they let me know they want to get into the advanced class and if they can complete the gymnastic requirement list, then they are in."

The two-hour class begins with some basic warm-ups, stretches and exercises. The class focus it still

gymnastics but its content is not the same.

"This class is a lot different than the other classes," Brown Said. "It has more focus on stretching and strengthening exercises."

After the stretching and warm-ups are out of the way the fun begins as the young gymnasts take on the bars, balance beam, vault and floor exercises.

"The bars and beam take a lot of coordination and strength," said Molly Upton, M.C. Perry 5th grader. "I'm pretty good on these skinny pieces of wood."

All of their skills, although fun for them to learn, are not without purpose.

"We do an exhibition once a year and we do small demonstrations throughout the year," Brown said.

"They will all have routines except for the 3 to 5 year olds."

Training for performances begins months in advance and often means training outside of class, according to Brown.

"I ask the girls to practice at home," Brown said. "They have to memorize their routines."

Despite the fact that their practices are for a final performance, the class boils down to one thing, fun.

"Most of the girls are just here to have fun," Brown said. "I tailor the class to their needs and their desires. Some have things they want to focus on so I try to help them with that."

For more information on gymnastics schedules and availability call 253-6578.